# CCDC: Let's get down to BUSINESS

This is important (trust)



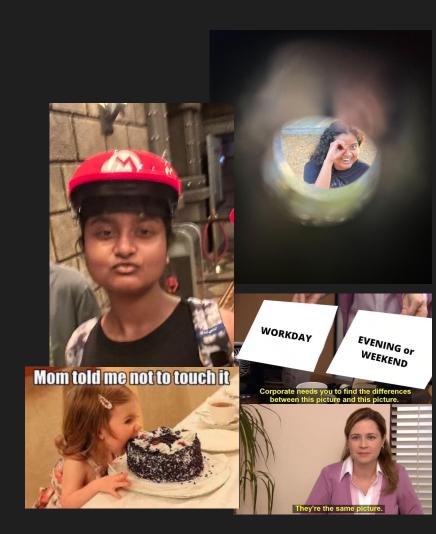


# **Weekly Schedule**

Date	CPTC (10AM-12PM)	CCDC (1PM-3PM)
<del>Jul 12</del>	<del>Cyber Booteamp Kiekoff!</del>	
Jul 19	Intro to Pen Testing	Business Week
Jul 26	Hacking Web Apps	Introduction to Networking
Aug 2	Hacking Linux	Securing Linux
Aug 9	Hacking Windows	Securing Windows
Aug 16	Consulting	Common Services
Aug 23-24	CPTC Tryouts (All day)	
Aug 30-Sep 13		CCDC Fall
Sep 20-21		CCDC Tryouts (1-5 PM)

# whoami

- Medha Swarnachandrabalaji @medl100
- 3rd year CS Major and Cyber Minor
- CCDC
  - Alternate Member 2024-2025
  - Member 2025-2026
- SWIFT Alumni Relations Coordinator
- yapper



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# **O1**Business???

Da heck I thought this was a cyber defense competition??!!!!

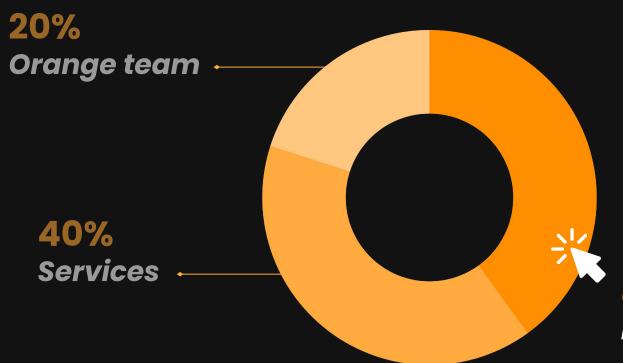


# Whoa!

Before you roll your eyes... Cybersecurity serves as a function of business



# **CCDC** score breakdown





**40% Business injects** 

# Fundamental principles of cybersecurity



Integrity

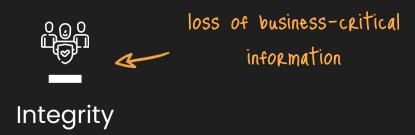


Confidentiality



**Availability** 

# Fundamental principles of cybersecurity (in the context of a business)







# Fundamental principles of cybersecurity (in the context of a business)

# The risk of an interruption to business is why we are



Confidentiality

hired...



**Availability** 

## As a result...

# we also have an obligation to support the business



# It's more challenging than you think...



# **Technical tasks**

Why do we need three firewalls VPNs??

# **Broad understanding**

What even is logging and where are the trees???

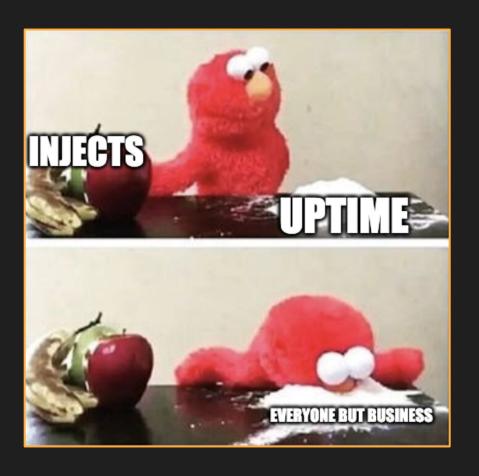
Who is Ms. Configuration???

What is a kernel and where is the corn???

# 02 Injects

No doctors were involved in the making of these slides





# Da heck is an inject?

- Tasks from business execs
- Complete within some short timeframe
- Write-ups, infographics, presentations
- Examples
  - Conduct a security assessment
  - Recommend a cloud solution
  - Write a Disaster Recovery Policy
  - Set up and configure a company VPN
  - Create an infographic to promote security awareness

# Secret sauce to good injects



be thorough



use clear and concise language



provide supporting evidence





#### Hello Team!

I hope that as you were taking inventory of our assets, that you were making notes of what software were being removed and what ports were closed.

If you have not done so already, I would like your team to perform an <u>audit of any unnecessary</u> software and services that are running on our systems. If you have already done this, good!

Please double check again!

The report your team shall provide as part of this audit will be a <u>list of unnecessary software and services</u> that were found as well as <u>what ports were closed</u>. These should be <u>broken down by the hosts that they were discovered to be running on.</u> No doubt that you will find plenty. This is to aid in our investigation of a prior team who was running these systems.

- Sebastian Herzig Gartmann



## **Being thorough**



Hello Team!

I hope that <u>as you were taking inventory of our assets, that you were making notes of what</u> software were being removed and what ports were closed.

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- Sebastian Herzig Gartmann

#### **Requirements:**

- I. Perform an audit of unnecessary software and services
  - a. Including everything removed prior to this inject
- List the software and services removed
  - a. Make note of ports that were closed
- 3. Organize findings by host

#### Tips:

- ALWAYS take notes on what you are doing
- Anticipate inject prompts





# Using professional language



Address the recipient



Take into account <u>who</u> your audience is



Write with intention, get to the point



DON'T use colloquial language



DON'T neglect formatting



DON'T guess about information – always check with the team



# **Provide supporting evidence**

# YOU ARE TRYING TO CONVINCE YOUR "BOSS" THAT YOUR SOLUTION IS THE BEST SOLUTION





## Provide supporting evidence

- Give background about the issue.
  - Would there be fines if we fail to fix it? Potential loss?
- WHY did you choose that solution?
  - What other solutions were there?
- HOW MUCH does your solution cost?
  - o How does that compare to other solutions?
- WHO is going to implement your solution?
  - Who is going to maintain it?

## !!! Provide supporting evidence - MUST DOs

## **SHOW YOUR WORK!!**

- Screenshots
- Logs
- Examples of config
- Scripts that were run

#### **NEATLY**

- Categorize your evidence
  - Host
  - o OS



# Takeaways from experience



organization is key



everyone has to contribute



READ THE PROMPT!

# 03 Forced vacations! Presentations

Ayo?:0







# 1 HOUR (OR SO)

TO CREATE YOUR SLIDES

# 1 OBJECTIVE

TO PRESENT YOUR BEST PROPOSAL



# 1 BIG WASTE GOOD USE OF TIME

It helps you adapt quickly and build confidence in your presentation skills

# How to impress the judges :D (slides edition)



#### **Organized**



Declutter your slides!! No long sentences!



#### **Graphics**



Use graphs, icons, screenshots...



#### **Sources**

**USE STATISTICS** AND CITE **SOURCES!** 

# How to impress the judges :D (presentation edition)

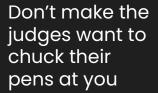


#### Loud



Speak with confidence and rizz them up







#### **Eye contact**

Use open body language and maintain eye contact with the judges

# **Q4**Report to your boss!

Congrats! You're hired:D

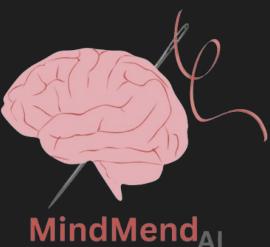




## **Background**

### The Company

- Name: MindMend
- About: MindMend is an AI therapy startup
- Athena: MindMend's Al assistant
  - Hotline for those who are seeking help with their mental health
  - Made up of database and web interface
  - Has a backup database



# It's 4:30 AM, and you got an alert...

#### Scenario

- You are a part of the insanely talented Al security team
- Athena's database was poorly secured and a threat actor gained access to it
- They changed the database contents, poisoning Athena
- Athena is now saying not-so-kind things that could lead to negative outcomes

### **Objective**

- 1 page report
- 30 minutes
- Technical report on what caused this for your manager who is rushing into the office



# 8:30am... your CEO is awake and angry

#### Scenario

- CEO wakes to "ATHENA DOWN!" and stoppage of business
- "Why should you keep your jobs if you can't prevent this?!"

### **Objectives**

- 1 page report to **The CEO**
- 30 minutes
- Explain and justify why the team should **not** be replaced



**Submit:** https://jessh.zip/week2-inject2

## Manager

- Technical rundown
- Immediately actionable steps
- Suggestions for alternative solutions
- Technical sources
- Actionable takeaways from the incident

Submit: https://jessh.zip/week2-injectl

#### **C-Suite**

- Estimated time to get systems back online
- Explain why this task is difficult in layman's terms
- Justify why having the same security team is worth it
- Explain the team's reputation and why you were hired at all

**Submit:** https://jessh.zip/week2-inject2

### Homework!

Due July 26th @ 5 AM PST https://jessh.zip/2025ccdchw-2

# Live Demo

• For HW